



**SHELDON COMMUNITY SCHOOL
SHELDON, IOWA**

BREAKFAST AND LUNCH MENU



Monday, February 27

Cereal
Toast
Fruit & Juice
Milk

Chicken Nuggets
Whipped Potatoes
Gravy
Green Beans
Bread & Butter
Fruit
Milk

Tuesday, February 28

French Toast
or Cereal
Toast
Fruit & Juice
Milk

Stromboli with
Marinara Sauce
Broccoli
Bread & Butter or
Peanut Butter
Fruit
Milk

Wednesday, Feb. 29

Cereal
Toast
Fruit & Juice
Milk
Biscuits/Gravy at HS

Min Corn Dogs
Smiles
Carrots
Bread & Butter or
Peanut Butter
Fruit
Milk

Thursday, March 1

Egg/Cheese/Sausage
Muffin
or Cereal
Fruit & Juice
Milk

Chicken, Chili, or
Vegetable Soup
Crackers
Carrot & Celery Sticks
Bread & Butter or
Peanut Butter
Fruit
Milk



Friday, March 2

Donut
or Cereal
Fruit & Juice
Milk

Italian Dunkers
Lettuce Salad
Fresh Vegetables
Bread & Butter
Fruit
Milk

Monday, March 5

Cereal
Toast
Fruit & Juice
Milk

Chicken Grill
Whole Wheat Pasta
Alfredo Sauce
Winter Mix
Bread Sticks
Fruit
Milk

Tuesday, March 6

Omelets or Cereal
Toast
Fruit & Juice
Milk

Mostaccioli
Green Beans
Garlic Bread
Fruit
Milk

Wednesday, March 7

Cereal
Toast
Fruit & Juice
Milk
Biscuits/Gravy at HS & MS

Hot Dog on a Bun
Oven Potatoes
Carrots
Fruit
Milk



Thursday, March 8

Scrambled
Egg/Cheese/Ham
or Cereal
Fruit or Juice
Milk

Tacos or Taco in a Bag
Lettuce, Cheese
Tomatoes
Baked Beans
Bread & Butter or
Peanut Butter
Cookie
Milk

Friday, March 9

Long Johns
or Cereal
Fruit & Juice
Milk

Fish or Meat
On a Bun
Sweet Potato Fries
Peas
Milk